

# Market Street Community Garden Newsletter

*Spring in the Garden*

*May 2021*



Hello everyone! Welcome to the first edition of our Market Street Community Garden Newsletter! Hopefully we can share some good information this way and keep connected throughout the year.

I plan to do at least a quarterly newsletter in addition to emails. Hope you find this useful as I'd really like to see us doing some fun things together as a Community Garden.

Thanks for being part of our gardening community!

**Marsha Hess**

**Master Gardener Coordinator**

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## ***Remember:***

**Frost Free Date** for our area is about ***May 10th***. We are Zone 6A. After that date it's safe to start planting tender plants in your garden.



What is it safe to plant now - late April, early May?  
Cool weather vegetable crops - broccoli, lettuce, radishes, carrots, Swiss chard, peas, collards, kale, kohlrabi, leaf lettuce, potatoes, brussels sprouts, onions, parsley, parsnips, beets, salsify and spinach as soil and weather conditions permit. Remember we have seeds in the garden shed!

Flowers you can plant now: pansies, petunias, snapdragons, alyssum, and dianthus.

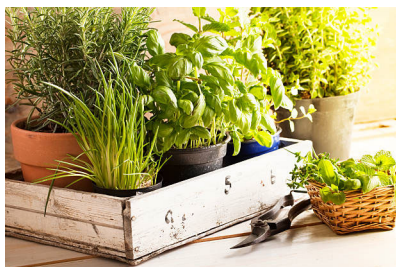
You can also plant containers earlier too, just remember to bring them in on chilly nights!



As of this writing, we still have 3 beds available. If they are not rented this year, the Master Gardeners will use them to conduct some research plots for OSU. But if you know anyone who'd like to join us, please let me know at the email or phone number above. Sign up is at the YMCA.

Need herbs for your garden plot? Remember the Master Gardeners are selling herbs at the Farmer's Market which is located right across the street from our Community Garden, every weekend beginning **May 1st**. Lots of fun stuff there.

Combine working in your garden with a trip to the Farmer's Market. They have plants, honey, fresh baked goods, crafts, flowers, lots of interesting things. As the season progresses you'll see more and more fresh produce and locally grown fruit. Shop local!



Was great to see some of our gardeners from the Community Gardens at the Master Gardeners Make It and Take It Herb Container event April 24th. Hopefully we will be having more Make It and Take It events later this year. If all goes well, we plan to do a fall event and a Christmas event. I'll try to get the dates



out to you well before we sell out so you can participate. It was great fun!

## DID YOU KNOW?#

- \* **There are more microorganisms in one teaspoon of soil than there are people on earth** . Microbes are important for keeping your soil full of nutrients. #
- \* **A sunflower is not just one flower.** Both the fuzzy brown center and the classic yellow petals are actually 1,000 – 2,000 individual flowers, held together on a single stalk. #
- \* **What fruit has seeds on the outside?** The average strawberry has 200 seeds. It's the only fruit that bears its seeds on the outside. #
- \* **90 percent of the foods humans eat come from just 30 plants.** Out of tens of thousands of plants we could eat, mankind chooses to consume only about 30 of them.
- \* **Broccoli and cauliflower** are the only veggies that are also flowers.

## Butterfly Garden

Did you know we have a butterfly garden located at the Market Street Community Gardens? Marsha Carney tends a beautiful butterfly garden located at the very back of the gardens on the west side. It is absolutely gorgeous and full of butterflies in the summer. Her garden has been designated an official Monarch Way Station. Monarchs only use milkweed as their host plant and she has a really nice section in her butterfly garden. Be sure to stop and admire her handiwork next time you are in the gardens!



### Favorite garden quotes -

"I always see gardening as escape, as peace really. If you are angry or troubled, nothing provides the same solace as nurturing the soil."

Monty Don

